



An Alternative Medicine Guide to Arthritis: Reverse Underlying Causes of Arthritis with Clinically Proven Alternative Therapies

Ellen Kamhi, Eugene R. Zampieron

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This indispensable reference features the latest alternative approaches to diagnosing, treating, and preventing arthritis. It also details how to pinpoint the underlying factors leading to arthritis and includes proven and nontoxic ways to heal or manage arthritis naturally and without the risk of serious side effects.

- A completely updated and expanded guide to alternative treatments for arthritis.
- Covers supplement therapy, organ detoxification regimes, and immune system boosters to relieve joint pain, stiffness, and inflammation.
- From the creators of Alternative Medicine magazine and THE ALTERNATIVE MEDICINE DEFINITIVE GUIDE, which has sold 650,000 copies.

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