



# **Monsters Under the Bed and Other Childhood Fears: Helping Your Child Overcome Anxieties, Fears, and Phobias**

*Stephen W. Garber Phd, Robyn Freedman Spizman, Marianne Daniels Garber*

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A step-by-step manual designed to help parents cope with children's fears; this book discusses common fears, how to respond to childhood anxieties, and other ways to deal with frightened children.

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