



A Clinician's Guide to Working with Problem Gamblers

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Problem gambling is a recognised mental disorder and a significant public health issue internationally. *A Clinician's Guide to Working with Problem Gamblers* introduces the reader to the concept of problem gambling as an illness, it describes the current gambling habits and explores the way problem gambling may present in an individual. This guide is the product of a collaboration between two of the country's most eminent experts on problem gambling as a psychiatric disorder.

Bowden-Jones and George bring together contributions from leading clinicians working in the field to provide an outline of the epidemiology, aetiology, research, assessment procedures and treatment practices which are discussed and presented in an accessible and engaging manner. The inclusion of questionnaires and screening tools adds to the 'hands on' feel of the book. The book covers a range of topics that clinicians and trainees need in order to review and understand the disorder, including, amongst others:

Cognitive behavioural models of problem gambling

Psychiatric co-morbidity

Family interventions

Gambling and women

Remote gambling

A Clinician's Guide to Working with Problem Gamblers will be essential reading for mental health professionals working with problem gamblers, as well as those in training, it is a comprehensive reference point on all aspects of this psychiatric condition. It is also aimed at various other groups of people who have an interest in the field of problem gambling, including academics, researchers, policy makers, NHS commissioners, probation officers, other health care professionals, the lay reader and family members of those affected by gambling.

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Sebrina Knapp:

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