



Healing with Nature

Susan S. Scott

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Susan S. Scott is an experienced psychotherapist who, due to a back injury, was forced to abandon her therapist's couch and walk for therapy. Through her extended strolls through nature, she discovered the ingenious ability of trees to grow around obstacles and, in essence, heal themselves. The result of Dr. Scott's musings is *Healing with Nature*. This collection of stories and photos describes a different aspect of the healing process, matched with a corresponding tree image. Readers will learn how to observe their natural environment with fresh eyes, tap into their own self-healing powers, and discover creative ways to become the master of their own lives. An inspiring read for anyone with an interest in spiritual growth!

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