



Chinese Culture and Mental Health

Wen-Shing Tseng, David Y. H. Wu

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Chinese Culture and Mental Health presents an in-depth study of the culture and mental health of the Chinese people in varying settings, geographic areas, and times.

The book focuses on the study of the relationships between mental health and customs, beliefs, and philosophies in the Chinese cultural setting. The text reviews traditional and contemporary Chinese culture; characteristic relations and psychological problems common in the Chinese family; adjustment of the Chinese in different socio-geographical circumstances; and general review of mental health problems. Ethnologists, sinologists, psychologists, anthropologists, and sociologists will find the book interesting.

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