



# **A Bipolar Life: 50 Years of Battling Manic-Depressive Illness Did Not Stop Me From Building a 60 Million Dollar Business**

*Steve Millard*

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For more than 45 years, Steve Millard has struggled with bi-polar disorder. At his lowest, he was on the absolute brink of suicide, looking down into the abyss. Through his own methods of dealing with this disease, arrived at by trial and error, and the generous help of friends, and the teachings of a wonderful support group called Recovery Inc., he not only survived, he prospered, founding one of the most successful and profitable businesses in the direct marketing industry. "A Bipolar Life" is the story of his struggle.

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