



Las emociones y el cáncer: Mitos y realidades (Para estar bien) (Spanish Edition)

Gina Tarditi

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Las falsas creencias respecto de las emociones y su supuesto papel en el desarrollo del cáncer dan lugar a expectativas ilusorias y reduccionistas que obstaculizan la atención oportuna. Además, llevan al hostigamiento de los pacientes, quienes acaban sintiéndose culpables por estar enfermos.

Gina Tarditi, especialista del Instituto Nacional de Cancerología y consejera de la Asociación Mexicana de Lucha contra el Cáncer, denuncia en este libro la idea errónea –propagada por numerosos autores de libros de autoayuda, sanadores y médicos “alternativos”– de que la ira, el resentimiento y la frustración provocan el cáncer o aceleran su desarrollo.

También cuestiona afirmaciones como las que sostienen que el pensamiento positivo, por sí solo, tiene el poder de prevenir e incluso curar la temida enfermedad.

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