



Les dépressions périnatales (French Edition)

Jacques Dayan

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Cet ouvrage a pour ambition d'offrir une approche ouverte et rigoureuse sur la thérapeutique des troubles dépressifs maternels de la période périnatale. Il associe des auteurs d'horizons théoriques différents afin d'explorer les différents procédés thérapeutiques. Cette approche globale permettra de répondre aux questions que soulèvent ces pathologies :

Qu'est-ce que la dépression maternelle périnatale ? Justifie-t-elle systématiquement une intervention thérapeutique ? Ce trouble fait-il courir un risque sur le développement de l'enfant ? De quelle ampleur ? Légitime-t-il à lui seul une démarche de soin ? Le traitement doit-il être centré sur la maladie dépressive ou sur le « trouble de la maternité » ? Doit-on étendre les interventions thérapeutiques au temps de la grossesse ? Que vaut la prévention ?

Après avoir décrit et discuté le concept de la dépression périnatale et procédé à un examen des structures de soin en psychologie périnatale, les auteurs exposent et argumentent différents types de prise en charge (thérapies brèves d'inspiration psychanalytique, TCC, thérapies mère-bébé, usage des psychotropes). Ils présentent enfin deux expériences menées en France concernant les personnalités borderline et la prise en charge précoce des psychoses puerpérales.

- Les concepts de la dépression périnatale.
- Les structures de soin en psychologie périnatale.
- Les différents types de prise en charge : thérapies brèves d'inspiration psychanalytique, TCC, thérapies mère-bébé, usage des psychotropes.
- Présentation de deux expériences concernant les personnalités borderline et la prise en charge précoce des psychoses puerpérales.

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