



Stay Cool: A Polar Bear's Guide to Life

Patrick Regan, Jonathan Chester

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What does it mean to be cool? The quality has always been hard to define, but easy to identify. James Dean. Miles Davis. They were cool. Joe Montana scrambling in the pocket. Steve McQueen riding a motorcycle. Very cool. To that list, you can now add another towering paragon of cool: the mighty polar bear.

In *Stay Cool*, award-winning polar photographer Jonathan Chester and writer Patrick Regan reveal the uncanny life lessons to be learned from polar bears, those imposing but endlessly appealing kings of the Arctic.

Pithy, clever, and surprisingly heartwarming, *Stay Cool* illustrates that these wild creatures with a strong sense of self and the ability to rely on their instincts have something useful to teach us all, making this keepsake book a great gift for people of all ages.

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