



**Affirmations Coloring Book: Relieve Stress &
Relax with this Affirmation & Mandala Patterns
Coloring Book for Adults (Pattern Coloring Books)
(Volume 2)**

Mia Blackwood

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Affirmations Coloring Book: Relieve Stress & Relax with this Affirmation & Mandala Patterns Coloring Book for Adults (Pattern Coloring Books) (Volume 2)

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The ultimate adult coloring book of affirmations...get it today at this fantastic low price!

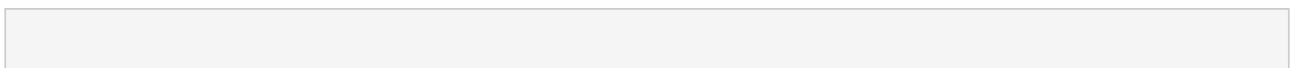
This adult coloring book of affirmations contains 40 stress relieving coloring pages and is suitable for use with everything from coloring pencils to markers.

The circular mandala style patterns in this book are designed to draw your eye into their centre and help you achieve a state of meditation, simply by coloring them. Mandalas are considered to be some of the most stress relieving and therapeutic designs. Combine this with the inspirational affirmations and you have a very powerful coloring book with a range of benefits!

This fantastic mandala pattern coloring book has been designed specifically to help you relax and unwind in the most enjoyable way possible. With their stunning patterns and mesmerising shapes, these pattern designs will enable you to forget the worries of day today life.

The coloring pages in this book are printed single side only. This means that you are able to remove all of the pages and frame them if there are any that you are particularly proud of! Happy coloring!

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